

Requirements for Lap Band

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When an overweight individual is looking into the Lap Band process to discover if they are eligible for the weight loss surgery, they will be asked for a comprehensive medical history to determine if they meet the needed requirements.

Some of the necessary qualifications to be Lap Band eligible include

- * An individual is at least 18 years old;

- * An individual's BMI (body mass index) is 40 or greater or they weigh at least two times their ideal weight or they weigh at least 100 pounds more than their ideal weight. (BMI is arrived at by dividing body weight (lbs.) by height in inches squared (in²) and multiplying that figure by 704.5). Some Lap Band surgeries will be undertaken with lower BMI's, but that factor will be talked about between the individual and the Lap Band doctor at the consultation;

- * An individual has been overweight for a time of more than 5 years;

- * The potential Lap Band patient has made serious attempts to lose weight, but has seen just short-term success;

- * An individual is not dealing with any other disease that may have led to their obesity;

- * The potential Lap Band patient is prepared to make substantial changes in their eating habits and lifestyle.

- * An individual does not excessively consume alcohol.