

How Lap Band Works

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As for the surgery itself, the lap band is inserted in the body by attaching the device to the upper portion of the stomach. One of the many advantages in this form of Losing Weight is that the band is adjustable through trips to one's doctor's office.

The lap band adjustment is achieved by the process of increasing or decreasing saline solution which is injected into a port just below the skin.

By tightening this area in a lap band adjustment, the progress of food into this stomach is diminished.

Patients can still receive the daily nutrition that they need; they just take in food in lesser amounts, therefore resulting in a weight decline.