

## Lap Band Detailed

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Lap Band surgery, which is one of the most popular forms of Weight Loss Surgery, asks several requirements of the potential candidate.

A candidate for lap band surgery should have attempted to lose weight through traditional weight loss programs along with having a qualified body mass index (BMI).

If the candidate meets both of those requirements and is considered healthy for the Weight Loss Surgery, they can be on their way to permanent weight loss.

Lap band surgery promotes weight loss by placing a limit on food intake. The lap band form of Weight Loss Surgery works as it makes individuals feel fuller sooner rather than later while eating.

Lap band has also been shown to lessen the impact of other health problems that are associated with carrying too much weight.